

DISCUSSION SHEET

August 29, 2020



Topic & Scripture:

“Prayer”

- 1 Once Jesus was in a certain place praying. As he finished, one of his disciples came to him and said, “Lord, teach us to pray, just as John taught his disciples.” 2 Jesus said, “This is how you should pray:
“Father, may your name be kept holy. May your Kingdom come soon.
3 Give us each day the food we need, 4 and forgive us our sins, as we forgive those who sin against us. And don’t let us yield to temptation.”
~ Luke 11:1-4 (NLT)

“Rest”

Three scriptures to meditate on for rest:

- **#1 - Jeremiah 31:25**
“For I have given rest to the weary and joy to the sorrowing.”
- **#2 - Psalm 91:1-2**
Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. 2 This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him.
- **#3 - Matthew 11:28**
Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

Discuss:

Look at the scripture on the left and discuss the following questions:

- What does God want me to understand with this scripture?
- How does this scripture apply to my current situation?
- What will I do different now that I have understanding?

Resources:

- **REFINERY Life Journals**
To help you read and understanding the Bible, you are invited to pick up a “REFINERY Life Journal” for only \$10. The Life Journal contains a 1-year Bible reading plan, guide for SOAP journaling, and plenty of pages to capture your thoughts and prayers.
You can pick-up a Journal at REFINERY Church Offices.

FEED Brea:

REFINERY Church is partnering with “Farmers to Families” and 13 other congregations in Brea to reflect the light of Christ by practically demonstrating His love through a 1-month campaign called “FEED Brea”.

- **INFO:** Each Saturday morning, during the month September, we will distribute food to families from our city and surrounding communities by passing out boxes of full of fresh groceries to drive-up cars at Brea Olinda High School. Set up is 8-10am and Drive-thru is 10-12:pm
- **SIGN UP:** Volunteers can sign up on REFINERY Church web-site at www.WeAreRefinery.com. (Click “Register to volunteer” on Feed Brea graphic)